



## **DRAYSON CENTER INTRAMURAL EXTREME INDOOR SOCCER**

### **Rules of Play**

#### **Players and Substitutes:**

1. Teams consist of five (5) players, (4 court players and 1 goalie).
2. A minimum of four (4) players is required to start or continue to play.
3. Unlimited substitutions may be made at any time “on the fly” except prior to a penalty kick. Both incoming and outgoing players need to meet at the point of entrance on to the court

**PENALTY:** Free kick (direct) from spot of the infraction.

**Note:** On any free kick, defensive players must be at least 5 yards (15 ft) away from the ball until the ball is touched.

#### **Game Forfeit:**

A minimum of four (4) players must be ready to play at the scheduled game time. A **10** minute “grace” time, with **5** minutes time taken of the game clock, will be give. After the grace time has expired and a team has not fielded at least 4 players, the game will be forfeited. Teams are still encouraged to choose up a play a recreational game.

#### **Equipment and Playing Area:**

1. Same colored jerseys to designate teams are required for all players.
2. Footwear is limited to gym/tennis shoes with non-scuffing, rubber soles.
3. Shin guards and knee pads are highly recommended to be used by all players.
4. The game ball is an official-size indoor soccer ball and will be provided by the Intramural Department.
5. Goalies are encouraged to use goggles for eye protection.
6. The playing area consists of 78 ft. X 108 ft. designated floor space in Opshal Gymnasium at the Drayson Center. All walls and drop curtain will be in play, including the “corner boards”, doors, etc. The semi-circular “Penalty Zone” (box) extends from each goalmouth to the solid three-point arch (basketball) line.
7. The goal size is 6 ft wide X 4 ft high.

#### **Out-of-Bounds Play:**

Any ball going out of bounds by landing on the indoor track will be a free kick (indirect) from the point where the ball went out of play by the opposing team.

**Exception:** Any ball that goes out of bounds over the “corner boards” or lands on the indoor track on either end of the court will constitute either a goalie’s ball or a corner kick. ( Defensive out = corner kick, Offensive out = goalie’s ball.)

**Penalty Shot:**

Definition – Ball is placed on the mid-line and the player has 10 seconds to dribble the ball towards the goalie (as in ice hockey). The player must always maintain forward progress. All other players must remain behind the mid-line until a shot on goal is attempted. If the goal is missed, all players behind the mid-line may advance and normal play is resumed. If a goal is scored, play is started again with an indirect kick at the center line.

1. Any unsportsmanship conduct or foul language behavior.
2. Any flagrant foul or injurious act.
3. When an offensive player is fouled or a “hand ball” occurs in the Penalty Zone.
4. When a defensive player is in the goalie box when a” shot on goal” occurs

**Note:** On any unsportsmanship conduct or injurious act, referees have the right to either enforce any ejection or suspension if so deemed.

**Timing:**

1. The game consists of two 25-minute halves, straight running time, with a 3-minute halftime.
2. The clock does not stop except for time outs or injuries. However, any intentional delay of game judged by the referee will result with a free kick from the center line for the opposing team.
3. Each team will be given two 30 second “Time Outs” during each half.
4. If the game is “Tied at the end of regulation, a 5 minute “Sudden Death” period will be played. At the end of the overtime period and still tied, the game will end in a tie.

**Note:** Only in play-off or championship games, if the games end in a tie, will there be a “Shoot Out” with 3 players representing each team.

**Goalkeeper Restrictions:**

1. The goalie shall have 10 seconds after picking up or catching the ball to throw it to a teammate or drop it to the floor to be played with the feet (in which case it becomes a live ball). After dropping the ball, the goal keeper may not again touch the ball with the hands until it has left the goalie area and/or is touched by another player. .

**PENALTY** for holding the ball too long will result in a free kick from the center line.

2. A ball that is kicked out-of-bounds at the end of the opponent’s court by the offense is put in play by the goalie.
3. Opposing players may not advance on the goalie when the ball is in his/her hands.  
**PENALTY:** Goalie kick.
4. The goalie may not punt or drop-kick the ball.
5. The goalie may not throw the ball over his/her center court line.  
**PENALTY:** Free kick for opposing team from the center court line.
6. The goalie may handle the ball with the hands as long as he/she remains inside the goalie box..

7. When the goalie steps outside the goalie box, he/she becomes a regular player and may not play the ball with the hands.

**Unsportsmanship Conduct:**

Any conduct deemed by the referee to be unsportsmanlike such as; flagrant fouls, injurious play, or bad language can result in having that player leaving the game for 2 minutes and a penalty shot for the opposing team. The player leaving the game cannot have a player take his place. His team must play one player short.

If that player is penalize again, the player will be asked to leave the facility and a one game suspension will follow. Another player from his team may enter the game.

**Additional Rules:**

1. Following a score, and to begin each half, the ball is put in play on the center line of the court with an indirect kick (which may or may not move forward).
2. If the ball moves the goal, or comes to rest on top of the netting of the goal, a change of possession will occur.
3. All free kicks are direct except for kickoffs, restarts after injuries and out of bounds.
4. **Slide tackling or body checking is NOT allowed!**
5. The offside rule is NOT in effect.
6. The referee's discretion will be used concerning any interpretations not specified in these rules.
7. If play is stopped for any unusual reason or non-foul injury, the referee shall put the ball back in play with a "drop ball/face-off". If the stoppage occurs with the ball inside the penalty zone, the drop ball will be enforced just outside the zone.
8. This is an "open league" intramural sport for either gender.

**DISCIPLINE RULE**

If a discipline problem occurs during or after a game and the player is asked to leave the premises because of unsportsmanship like conduct, an automatic (1) game suspension will follow and contact will need to be made with the IM Manager before play can resume.